

## **INVIGORATING THE ECONOMY OF NIGERIA THROUGH GUIDANCE AND COUNSELING**

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### **ABSTRACT**

*This paper focuses on invigorating the economy of Nigeria through Guidance and Counselling. It described the economy of a nation as the sum of the network of producers, domestic and the consumer of goods and services in a local, regional or national community. It x-rayed the economic strength of Nigeria before its decline in 2016 which was characterized by high inflation rate, high interest rate, a long lasting increase of unemployment, just to mention a few. It discussed the current situations of Guidance and counselling in Nigeria. Also, in this work, it was discussed that the most important variable/factors in the economy are the human resources which equation is the hub of counselling. Counselling can offer a relief package to individuals in a distressed economy like preventing them from harmful coping skills coupled with Guidance. It recommended among others, the strengthening of guidance and counselling programs in schools.*

**KEYWORDS:** *Economic Planning, Employment, Environment, Guidance and Counselling in Education*

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